



MHC NATIONAL U-16 BOYS AND GIRLS HOCKEY TOURNAMENT 2022 TOURNAMENT RULES AND REGULATIONS

1. DEFINITIONS

As herein defined:

- i. **FIH** International Hockey Federation
- ii. **MHC** Malaysian Hockey Confederation
- iii. **SHA** State Hockey Association (s)
- iv. **MAFHA** Malaysian Armed Forces Hockey Association
- v. **PDRM HA** Police Di Raja Malaysia Hockey Association
- vi. **MHCDC** Malaysian Hockey Confederation Disciplinary Committee
- vii. **CC** Competitions Committee
- viii. **TD** Technical Delegate
- ix. **TO** Technical Officer
- x. **OC** Organising Committee
- xi. **TC** Technical Committee



2. RULES OF THE GAME

This tournament shall be conducted in accordance with the latest Rules of the Game of Hockey, issued by the F.I.H, the Rules governing the MHC Constitution and the Regulations herein provided.

3. PARTICIPATION

- 3.1. Participation is open to all affiliates of the MHC. Guest's teams may be invited at the discretion of the MHC Competition Committee.
- 3.2. Teams that have consented to participate must not be in arrears of any dues to the MHC.
- 3.3. Confirmation to participate must be in writing and must be made in the Prescribed Form(s).
- 3.4. **No participation fee** shall be imposed for MHC National U16 Boys and Girls Hockey Tournament 2022.
- 3.5. Each team is allowed to register a maximum of 18 players for the tournament.
- 3.6. A mandatory fine of **RM500.00** will be imposed on a team that after confirming its participation, withdraws from the same tournament.

4. PRE-TOURNAMENT BRIEFING MEETING WITH THE TECHNICAL DELEGATE

- 4.1. Team managers, stand-in team managers and team coaches must attend the meeting. In case a team coach is not able to attend due to unavoidable circumstances, then that coach must sign an official document declaring to have received from the team manager all relevant information from the team manager as communicated during the meeting. The team manager must deliver the signed document to the Technical Delegate before the first match of the team in the tournament.
- 4.2. Team managers must bring physically to the meeting samples of the clothing of their field players and goalkeepers (primary and alternate colours) as well as the leg guards, kickers, hand protectors and headgear of their goalkeepers.
- 4.3. The MHC Code of Conduct, established to create awareness of and accountability for the promotion of the game of hockey amongst the participants of the tournament, will apply and a copy of it must be signed by the team managers before the end of the meeting.

5. ELIGIBILITY OF PLAYERS

- 5.1. Players will be required to produce their original identity cards for verification of their age. Other forms of identification documents such as Passport, Police Notification is acceptable as long as the document bears the photograph of the player. Photostat copies of documents will not be accepted and players failing to produce their Identity Card or other identification documents will not be allowed to participate in the tournament.



- 5.2. Team Managers are required to submit the identity cards of the players **at the Team Managers Meeting and** to the Technical Officer on duty before they play their **first** match of the tournament.
- 5.3. Players age below (16 years) will be calculated as on 1st January 2022. (*Players born after 1st January 2006 will be eligible to play*).
- 5.4. The relevant entry form(s) must be signed by the President or Hon. Secretary of the State HA.
- 5.5. A player or an official, who is under suspension imposed by the MHC and/or by an affiliate of the MHC, will not be allowed to participate in any of the tournaments.
- 5.6. A team official will not be allowed to register as a player in the team.
- 5.7. **A player must represent the state in which they are studying except for those players studying in Sports Schools they must represent the state from which they are from.**

6. REGISTRATION OF PLAYERS

- 6.1. Each team will be allowed to register a maximum number of 18 players for the tournament.

Note: Team Officials will not be allowed to register themselves as players.

- 6.2. For a given match, the team shall register the maximum 18 players (refer rule 10.1) and the team manager shall indicate, on the prescribed form, the starting eleven players and the 7 reserves.
- 6.3. The Registration of players, on the prescribed forms must be submitted to the Organising Committee together with the Entry Form before the stipulated date. Late entries will not be entertained.

7. REGISTRATION OF TEAM OFFICIALS

- 7.1. Each team will be allowed to register a maximum of 6 officials for the following categories:

- 7.1.1. Team Manager
- 7.1.2. Stand-in Manager
- 7.1.3. Coach
- 7.1.4. Assistant Coach
- 7.1.5. Physiotherapist or Masseur
- 7.1.6. Doctor

- 7.2. However, for any given match, a maximum of 3 officials **and a registered doctor** only will be allowed at the team bench. They being:



- a. Manager or Stand in Manager
- b. Coach or Assistant Coach
- c. Physiotherapist or Masseur

Officials registering themselves as Medical Doctors or Physiotherapists must be qualified people of the discipline concerned. Photostat copies of their qualifications need to be attached with the entry form.

- 7.3. It is important that the Team Manager be present at all matches. **Should the Team Manager be absent for two consecutive matches, he will be automatically disqualified as the Team Manager.** The Stand-in Manager shall then assume the post of Team Manager.
- 7.4. The team may seek the consent of the TD for the replacement of any one of the abovementioned officials.
- 7.5. The Coach or the Assistant Coach will not be permitted to deputise as the Team Manager or as the Stand-in Manager.

8. DRESS AND TEAM COLOURS

- 8.1. Each team is required to register 2 different colours (1st. colour and 2nd. colour). The colours shall be for the following attire:

- 8.1.1. Shirt
- 8.1.2. Shorts
- 8.1.3. Stockings
- 8.1.4. Goalkeeper's shirt

**All players must be uniformly and neatly dressed at all times during a match.
(It is advisable that one of the colours be of light colour and the other one dark)**

- 8.2. Goalkeepers must wear a shirt of a colour that is different and distinctive from those of both of the teams. **Both Goalkeepers must have Identical shirt colours.**
- 8.3. Any additional items of clothing (particular reference is made to the wearing of tights) worn by a player during a match must be of the same colour as specified for the corresponding piece of clothing.
- 8.4. The TD, at his/her absolute discretion, shall specify to the Team Managers the clothing to be worn by their field players and goalkeepers for each match.
- 8.5. Teams shall give each of its players a number that will remain the same throughout the tournament. This number must appear in full figures, on the back of the players' shirts. The number on the back must not measure less than 20 centimetres in height. For the goalkeeper, the number must appear both in the front and back. The numbers must be in a distinctive colour which can easily be seen from the bench.



8.6. Each team will choose the numbers 1 to 32.

8.7. Whoever is appointed captain of a team, must wear a distinctive arm-band/ribbon.

8.8. A player must be properly dressed at all times during a match. This includes the following:

8.8.1. All players, except the goalkeepers, must wear protective full-sized shin guards.

8.8.2. Goalkeepers must wear protective headgear at all times during the match, including when defending a penalty stroke. When required to take a penalty stroke, then the protective headgear may be removed.

8.8.3. The wearing of Sleeveless Shirt is allowed provided the whole team is wearing the same outfit.

8.8.4. The wearing of a headgear by players (cap etc.) other than the goalkeeper is strictly prohibited. If the need arises, a player may wear a scarf that is total black in colour.

8.8.5. All players are encouraged to wear protective mouth guards.

8.8.6. In relation to playing equipment worn by field players they must:

- wear shin guards, worn inside the socks and below the knee, at all times during a match;
- wear any body protection (including leg protection) underneath / inside normal playing clothing;

9. STICK SPECIFICATION

9.1. Any curvature along the length of the stick (the rake or bow) must have a continuous smooth profile along the whole length, must occur along face side or the back of the stick but not both and is limited to a depth of 25mm.

9.2. The rake or bow is tested using a pointed wedge the point which is 25mm from the flat base. The stick is laid on a flat surface. The wedge must not pass completely under the stick at any place along its length.

10. COMPOSITION OF A TEAM

10.1. A maximum of 18 players may be used by a team in a match, If a player(s) has been suspended by the Technical Delegate for one or more matches then, for those matches, the number of players the team concerned may use will be reduced by the number of players suspended.

10.2. Each team must have a captain, on the field of play or on the team bench during a match. The captain is responsible for the behaviour of his team players on the field of play. He must, at all times, wear a distinctive armband.

10.3. Up to Nine players who are to start on the team bench. (Unless one or more players have been suspended for that game in which case the number of players is reduced accordingly).



- 10.4. Each team must have a minimum of 8 players, on the field of play for a match to be started.
- 10.5. Each team must nominate, at least 30 minutes before the commencement of every match, the numbers of 11 players who will be the Starting Eleven for that particular match.
- 10.6. The nominations can only be selected from those players whose names appear on the Entry Form.
- 10.7. Each team manager must before every match complete the appropriate form nominating from the players and support staff whose names appear on the entry form, excluding any player who has been suspended from playing in the match:
- the eleven players who will be on the field of play at the commencement of the match
 - the players who are to start on the team bench (unless one or more players have been suspended for that game in which case the number of players is reduced accordingly)
 - the captain and goalkeeper(s) for the match
 - team manager
 - coach or assistant coach (but not both)
 - physiotherapist (if any)
 - medical doctor (if any)
- 10.8. The remaining players and support staff, with the exception of suspended players, if any, may warm-up and practice with their team up to 10 minutes prior to the scheduled start time of the match. The team manager shall be responsible to ensure that these players and support staff, and the suspended players, if any, then go and remain outside the technical facility areas surrounding the field of play until the match is finished.
- 10.9. A nominated player who becomes incapacitated during warm-up or practice may be replaced by a player whose name appears on the entry form up to 10 minutes prior to the scheduled starting time of the match. The team manager must notify the Technical Officer on duty accordingly, who will inform the team manager of the opposing team and the media.

11. MODE OF COMPETITION

11.1. Preliminary Matches

- 11.1.1. Teams will be placed in two groups. Teams will play once with each teams in one round league each group. 1st and 2nd placing in each group will qualify for semifinals. The 1st placed team will play the 2nd placed team in the other group and vice versa.
- 11.1.2. If there are one or more teams that have the same number of points, the ranking will be decided based on Rule 12.



11.2. Classifications Round

11.2.1. Classification matches placing for 5th to 14th placing matched will be determined by the teams placing in each group.

11.2.2. If there are one or more teams that have the same number of points, the ranking will be decided based on Rule 12.

11.2.3. If the match ends in a draw, the winners will be determined by penalty shootout competition.

11.3. FINALS / 3rd/4th. Placing

11.3.1 The winners of the semis will qualify for the final and the losers will play to determine third and fourth placing.

11.3.2 Should the match ends in a draw, the match, the winner shall be decided by the Shoot-out competition. This Shoot-out competition will be held immediately after the match.

12. RANKING IN THE POOL

12.1. In the pool, all teams will play against each other and the following points will be awarded for each match:

12.1.1. 3 points to the winner

12.1.2. 1 point to each team for a draw

12.1.3. 0 points to the loser

12.2. Teams will be ranked according to the number of points each has accumulated in the competition one round league.

12.3. If at the end of the pool matches two or more teams have the same number of points for any place in a pool, these teams will be ranked according to their respective number of matches won.

12.4. Should there still remain equality between two or more teams, then these teams will be ranked according to their respective goal difference ("goals for" minus "goals against").

A positive goal-difference always takes precedence over a negative one.

12.5. If there still remains equality between two or more teams, then these teams will be ranked according to their respective number of "goals for".

12.6. If there remains equality between two or more teams, then the result(s) of the match (es) between (only) those teams involved will be taken into consideration to determine the ranking of the tied teams.

12.7. Should there still remain equality between 2 teams, then the matter will be settled by a shoot-out competition between those teams (refer to Regulation 13).



12.8. Should there still remain equality among 3 (or more) teams, then each team will play a shoot-out competition against the other teams (refer to Regulation 13).

12.9. A ranking will then be established based upon the results of the round of shoot-out competition with the award of the following points:

12.9.1. 3 points to the winner

12.9.2. 0 points to the loser

If equality remains, then teams having an equal number of points shall be ranked according to Regulations 12.3, 12.4, 12.5 and 12.6.

13. SHOOT-OUT COMPETITION

13.1. 5 players from each team take a one-on-one shoot-out alternately against the goalkeeper of the other team making a total of 10 shoot-outs. The players take the shoot-out in the sequence nominated and communicated by the team managers to the Technical Officer on duty before the start of the shoot-out competition. Players are chosen by their respective team manager from those listed on the team entry form for that particular match except as excluded hereunder.

13.2. After consultation with the Technical Officer on duty, the umpires choose the goal to be used.

13.3. A coin is tossed. The team which wins the toss has the choice to take or defend the first Shoot-out.

13.4. The team scoring or awarded the most goals is the winner and the competition ceases once an outright winner is determined.

13.5. During a shoot-out competition, all persons who appear on the team entry form and who are entitled to sit on the team bench for that match are permitted to enter the field of play but only in the area outside the 23m area used for the shoot-out.

The goalkeeper/defending player of the team taking a shoot-out may be on the goal-line outside the circle if so, directed by the umpire. A player who is authorised by an umpire or technical official to take or defend a shoot-out may enter the 23m area for that purpose.

13.6. A player who has been suspended by the Technical Committee or has been excluded permanently (red card) from the field of play during that same match, cannot take part in a shoot-out competition.

13.7. The shoot-out is taken under the following conditions:

- i the defending goalkeeper/defending player starts on or behind the goal-line between the goal posts;



- ii the ball is placed on the nearest 23m line opposite the centre of the goal;
- iii an attacker stands outside the 23m line near the ball;
- iv the umpire blows the whistle to signal the start of the shoot-out; the attacker and the goalkeeper/defending player may then move in any direction;
- v the shoot-out is completed when:
 - 8 seconds has elapsed since the starting signal;
 - a goal is scored;
 - the attacker commits an offence;
 - the goalkeeper/defending player commits an unintentional offence inside or outside the circle in which case the shoot-out is re-taken by the same player against the same goalkeeper/defending player;
 - the goalkeeper/defending player commits an intentional offence inside or outside the circle in which case a penalty stroke is awarded and taken;
 - the ball goes out of play over the back-line or side-line; this includes the goalkeeper/defending player intentionally playing the ball over the back-line.
- vi If a penalty stroke is awarded as specified above, it can be taken and defended by any eligible player on the Match Report subject to the provisions of Articles 13, 14 and 15 in Appendix 2.

13.8. A player may be suspended by a yellow or red card but not by a green card during the shoot-out competition.

13.9. If during a shoot-out competition (including during any penalty stroke which is awarded) a player is suspended by a yellow or red card:

13.9.1. that player takes no further part in the shoot-out competition and, unless a goalkeeper/defending player, cannot be replaced.

13.9.2. the replacement for a suspended goalkeeper/defending player can only come from the five players of that team nominated to take part in the shoot-out competition.

i. The replacement goalkeeper/defending player is allowed reasonable time to put on protective equipment similar to that the goalkeeper/defending player they are replacing was wearing.

ii. For taking their own shoot-out (or penalty stroke), this player is allowed reasonable time to take off their protective equipment to take the shoot-out and subsequently to put it on again.



13.9.3. Any shoot-out or penalty stroke due to be taken by a suspended player is forfeited; any goals scored by this player before being suspended count as a goal.

13.10. If during a shoot-out competition, a defending goalkeeper/ defending player is incapacitated:

13.10.1. that goalkeeper/defending player may be replaced by another player from among the players listed on the match report for that particular match, except as excluded in Appendix 12 [Shoot-out Competition] of FIH Tournament Regulation Outdoor Competitions - September 2021 or unless suspended by an umpire during the shoot-out competition.

13.10.2. The replacement goalkeeper/defending player:

i. is allowed reasonable time to put on protective equipment similar to that which the incapacitated goalkeeper/ defending player was wearing.

ii. if this replacement is also nominated to take a shoot-out, this player is allowed reasonable time to take off their protective equipment to take their shoot-out and subsequently to put it on again.

13.11. If during a shoot-out competition, an attacker is incapacitated, that attacker may be replaced by another player from among the players listed on the match report for that particular match, except as excluded in Appendix 12 [Shoot-out Competition] of FIH Tournament Regulation Outdoor Competitions - September 2021 or unless suspended by an umpire during the shoot-out competition.

13.12. If an equal number of goals are scored after each team has taken five shoot-outs:

13.12.1. a second series of five shoot-outs is taken with the same players, subjected to the conditions specified in Appendix 12 [Shoot-out Competition] of FIH Tournament Regulation Outdoor Competitions – January 2022.

13.12.2. the sequence in which the attackers take the shoot-out need not be the same as in the first series.

13.12.3. the team whose player took the first shoot-out in a series defends the shoot-out of the next series.

13.12.4. when one team has scored or been awarded one more goal than the opposing team after each team has taken the same number of shoot-outs, not necessarily being all five shoot-outs, that team is a winner.

13.13. If an equal number of goals are scored after a second series of five shoot-outs, additional series of shoot-outs are taken with the same players subject to the conditions specified in Appendix 12 [Shoot-out Competition] of FIH Tournament Regulation Outdoor Competitions – January 2022



13.13.1. the sequence in which the attackers take the shoot-outs need not be the same in any subsequent series.

13.13.2. all eligible players from each team must take a shoot-out before any one of them can take another; any shoot-out due to be taken by a suspended player is forfeited.

13.13.3. the team which starts each shoot-out series alternates for each series.

13.14 Unless varied by Appendix 12 [Shoot-out Competition] or Appendix 1 of FIH Tournament Regulation Outdoor Competitions – January 2022, the Rules of Hockey apply during a shoot-out.

14. DURATION OF MATCHES

14.1. A match consists of 4 periods of 15 minutes.

14.2. At the end of the first and third period there shall be an interval of 2 minutes. During this interval, teams are not permitted to leave the field of play.

14.3. At the end of the second period there shall be an interval of 10 minutes. During this interval, Team officials and players may leave the technical facility area surrounding the field of play only with the prior permission of the Technical Officer on duty. Play is resumed by a centre pass which is taken by the team that did not take the centre pass for the first period.

14.4. Play for the second period is resumed by a centre pass taken by the team that started the first period. Play for the fourth period is resumed by a centre pass is taken by the team that started the third period.

14.5. When a penalty corner is awarded, time is stopped for 40 seconds, except in the case of re-awards.

14.6. In the case of a re-awarded penalty corner time will be immediately stopped but the teams will not be allowed an additional 40 seconds. The umpire will re-start play at the earliest possible opportunity, ensuring that any delay is kept to a minimum.

15. TIME-KEEPING

15.1. Time keeping will be controlled by the Technical Officials' Table officials whose responsibility it will be to signal the end of the periods of regulation time at half time and at full time. However, in the case of an extension of any period of regulation time to permit the completion of a penalty corner, the umpires will signal the end of that period.

15.2. The umpires shall blow the whistle to start or restart the match. They shall also signal to the Technical Officials' Table officials every stoppage they may order and the subsequent restart.



16. INTERRUPTIONS OF A MATCH

- 16.1. If the umpires decide to interrupt a match (e.g., because of bad weather conditions), that match must be resumed as soon as possible, under the following conditions:
 - 16.1.1. The match must be completed up to the agreed regulation time, the score on resumption being that at the time the interruption took place.
 - 16.1.2. On resumption, Regulation 19 relating to the substitution of players shall apply as though there had been no interruption to the match.
- 16.2. A maximum total duration of 30 minutes shall be allotted for the interruption of a match.
- 16.3. If in the opinion of the TO play cannot be resumed or the time frame of 30 minutes has elapsed, the following Rules will apply:
 - 16.3.1. If at least 30 minutes of play had not been completed (second quarter not completed), the match will be considered as abandoned. The match will be replayed at a date and venue that will be decided by the TD/TC or even giving consideration for a shootout.
 - 16.3.2. If at least 30 minutes of play had been completed (completion of second quarter), the result of the game will be that at the time of interruption of play.
 - 16.3.3. If the 30 minutes encroaches into the next match, then the match shall resume after the last match of the day.

17. FAILURE TO PLAY

- 17.1. During the Preliminary Round;
 - 17.1.1. A team refusing to play or to complete a match shall be considered as withdrawing from the tournament.
 - 17.1.2. If a team thus withdraws from the tournament, all the matches it has played up to then shall be considered as not having been played, not only by the withdrawing team but also by all the teams it had played against. The points table will be corrected accordingly.
- 17.2. During the classification matches. A team refusing to play or to complete a match shall be considered as withdrawing from the tournament at that stage and losing the match in question.
- 17.3. A team refusing to play or to complete a match during the preliminary or classification matches will be deemed to have committed a breach of discipline. Such cases will be referred to the MHCDC.



- 17.4. The offending team will not be allowed further participation in any other tournament until the MHCDC arrives at a decision. The MHCDC shall meet and arrive at a decision within a period of 30 days, from the date of the withdrawal.
- 17.5. **A grace period of not more than 15 minutes will be given to a team that takes the field late. Such consideration will be given to the team only once.** Should the same team fail to take the field at the specified time the second time, without good reason (s), the team will be considered to have withdrawn from the tournament. The Rules pertaining to withdrawals will then take effect. If a team fails to take the field after the 15 minutes of grace period, the match will be awarded to the opposing team with a 3 – 0 goal margin.

18. ADMISSION TO THE FIELD OF PLAY

- 18.1. No one, except the players and the umpires properly engaged in a match, may enter the Field of Play during that match unless permitted to do so by one of the umpires. This rule is obligatory even in the event of a player or an umpire becoming incapacitated.
- 18.2. The Team Manager, the Physiotherapist and substitute players nominated for that match, up to a maximum of ten persons, plus the Team Medical Doctor, if registered, must remain seated on the team bench during playing time, including time stoppages, unless the Technical Officer on duty or Umpire(s) direct otherwise or when implementing the substitution procedures. The Coach nominated for the team bench must remain in an area designated by the Technical Officer on duty but need not be seated. Substitutes may leave their seats to warm up in an area designated by the Technical Officer on duty. The Team Medical Doctor and Physiotherapist may leave their seats to treat players at the end of the team bench.
- 18.3. The nominated Team Manager is responsible for the conduct of all persons occupying the bench, must be present on the bench during the match and occupy the seat nearest to the technical officials' table. Officials or players who were not registered prior to the commencement of the tournament will not be allowed to sit on the team bench.
- 18.4. Vocal communication by team officials and/or players on the team bench must not be directed at the technical officials seated at the table, the Umpires and / or the players of the opposing team.
- 18.5. The TO on duty, after warning a team manager of acts of misconduct by a person or persons on that team bench is empowered, should the misconduct continue, to order that person or persons involved to leave the team bench and stay in the team changing room for the remainder of the match. Further disciplinary action, including referring the matter to the **MHCDC**, may be taken by the TD after the match, depending upon the circumstances or the seriousness of the offence.
- 18.6. No incapacity treatment is permitted on the field of play. If a player becomes incapacitated on the field of play, one of the Umpires may stop the match and assess whether or not the player requires attention:



- a the Umpire may authorise the registered Team Medical Doctor and / or Physiotherapist to enter the field of play;
- b if a team does not have such registered officials, the Umpire will authorise the on-duty Medical Officer and / or Team Manager, to enter the field of play;
- c if necessary, the Umpire may also authorise stretcher bearers to enter the field of play;
- d persons authorised to enter the field of play are required to assist and remove the player concerned from the field of play as soon as it is safe to do.

18.7. If any person from the team bench and / or the on-duty Medical Officer enters the field of play to attend to a player/goalkeeper:

- i **that player/goalkeeper must leave the field of play and return to the team bench area for a minimum of two minutes;**
- ii the two minutes' period will be managed by the Technical Officials on duty;
- iii the player required to leave the field of play may be substituted.

18.8. No liquid or other refreshment may be consumed on the Field of Play. Any player wishing to take refreshment during a match, including during stoppages, must leave the Field of Play and is permitted to re-enter but, not within the 23 meters lines and the goal lines. A goalkeeper may re-enter the Field of Play only adjacent to the goal.

18.9. Team officials and players may leave the Field of Play during half time only with the prior permission of the TO on duty but, in doing so, players must leave their sticks and goalkeepers their gloves and head-gears at the team bench and must return not less than two minutes before the match is due to be restarted.

18.10. **Ungentlemanly conduct by any player during the course of the tournament, whether on or off the field and whether or not his team is involved in a match, shall be referred to the Technical Delegate for further action.** The Technical Delegate shall have the powers to refer to the MHC Disciplinary Board any player or official for breach of discipline, on or off the field.

18.11. Any accredited representative of a team, who, in the opinion of the Umpires/ Technical Officials, is found interfering with the tournament or bringing disrepute to the tournament or act of misconduct by a player(s) or a team official(s) towards an Umpire(s) and or a Technical Official(s) be it verbally abusive or physical shall be referred to the Technical

Delegate for appropriate action. The Technical Committee shall have the powers to refer to the MHC Disciplinary Board such cases.

18.12. Audible vocal communication from the videographer facility overlooking the field of play is not permitted by the personnel admitted to this facility.



19. SUBSTITUTION OF PLAYERS

19.1. Each team is permitted to substitute any player during a match and at any time. However, no substitution will be permitted following the award of a penalty corner and during the play time of this penalty corner except if the defending goalkeeper is incapacitated or suspended and has to leave the field of play in which case the replacement may enter the field of play immediately.

Note: If a suspended goalkeeper is replaced by another goalkeeper, the team will have to remove one other field player; the offending team could only have 10 players on the Field of Play during the period of suspension.

19.2. The substitute players will be chosen from amongst the players whose names appear on the entry form and who were starting the match or sitting on the team bench from the start of the match. When substituted, a player shall go immediately to the team bench.

19.3. A player who has been substituted may be permitted to return to the Field of Play again during the same match following the substitution procedure.

19.4. Substitution of a player may only take place under the supervision of a Technical Officials' Table official and the substitute player may not enter the Field of Play until the player in the same team being substituted has left it.

19.5. Each team may play with:

19.5.1. A goalkeeper with goalkeeping privileges wearing full protective equipment composed of at least headgear, leg guards and kickers and different colour shirt; or

19.5.2. Only field player and no player with goalkeeping privileges and therefore no player wearing protective headgear or different colour shirt.

19.5.3. A team may change between these options by making a substitution.

19.6. A player, upon being suspended, may not be substituted and may not be used as a substitute during the period of suspension.

19.7. Time will not be stopped for substitution except;

19.7.1. For the replacement of an incapacitated player.

19.7.2. For the substitution of a goalkeeper.

These substitutions shall be supervised by the umpires.

19.8. Players involved in substitution must enter or leave the Field of Play in the vicinity of the centre line at the side in front of the technical official's table.

19.9. If a substitution is due to a player being incapacitated then the control of substitution will be at the sole discretion of the umpire.



- 19.10. If a team captain is substituted, he will continue to remain as the captain and it will not be necessary for another player on the field of play to act as the captain.
- 19.11. In case of an injury to a player causing bleeding, then that player must be substituted immediately. He may re-enter the Field of Play only after stoppage of bleeding and the wound, dressed.
- 19.12. A suspended goalkeeper may be replaced by another goalkeeper who is not among the players on the field of play. If so replaced, a field player must leave the field of play. The option to replace the suspended goalkeeper with a field player still remains.
- 19.13. A player who substitutes for a goalkeeper.

20. DISCIPLINARY ACTIONS

- 20.1. The following demerit points will be enforced for disciplinary actions taken during the course of the tournament:

Green Card:	2 points
Yellow Card:	4 points
Red Card:	8 points

The points for green card would only be used to determine Fair play and would not be used to determine suspension.

- 20.2. The following disciplinary actions are mandatory based on the demerit points:

08 demerit points:	1-match suspension
12 demerit points:	2-match suspension
16 demerit points:	3-match suspension
20 demerit points:	suspension for the rest of the tournament

Interpretation:

If a player, after having accumulated 8 demerit points, receives a Yellow Card in a match, he would serve a 2-match suspension. Although the above schedule reads a 2-match suspension for 12 demerit points, the reason for the player to be suspended for 1 match only is that he would have already served a 1 match suspension upon accumulating 8 demerit points.

- 20.3. The TD shall have the powers to suspend a player who received permanent suspension in a match for more than one match, depending on the seriousness of the offence.
- 20.4. The TO on duty for a particular match shall have the powers to remove, from the team bench, any player or official for misconduct. The offending player or official shall be then referred to the TD for further action.



- 20.5. The TD shall have the powers to refer, to the MHCDC, any player or official for breach of discipline, on or off the field.
- 20.6. The procedure for all disciplinary cases, referred to the MHCDC are as follows:
- 20.6.1. The TD for that tournament must submit a full report on the alleged offence to the MHC Competitions Chairman / Secretary. The report must be received by the MHC Competitions Chairman / Secretary within 72 hours of the alleged offence.
 - 20.6.2. Upon receipt of the report, the MHC Competitions shall submit, on the same day or the very latest the next day, the same to the CEO, MHC.
 - 20.6.3. Upon receipt of the report, the CEO MHC shall consult the Chairman of the MHCDC and convene a meeting of the MHCDC within 14 days from the date of the alleged offence.
- 20.7. A player suspended from playing in a match will not sit on the team bench during that given match.
- 20.8. **The demerit points will be carried forward from the preliminary round to the finals.**

21. PROTEST

- 21.1. If a team manager wishes to lodge a protest at the end of a match, then such a protest must be in writing in the prescribed form and handed to the Technical Officer on duty within ten (10) minutes of the match ending declaring the intention to do so when signing the match report by noting the intention immediately under the signature. If the text of the protest is not received in writing prior to the expiry of the ten (10) minutes, then it will be deemed that no protest has been registered.
- 21.2. The protest having been properly declared; the team manager will then have a further fifteen (15) minutes to remit to the same TO a cash deposit of **RM 500.00**. Upon failure to do so, the protest will be considered void. The deposit will be refunded unless the protest is deemed futile.
- 21.3. The TD must make a decision in writing at the latest 72 hours after the end of the match in question. **The TD will not entertain any protest from the decision of an umpire or appointment of umpires for a match.**

22. APPEALS

- 22.1. If one or both teams involved in a protest wish to appeal against the decision of the TD, the Team Manager(s) must do so in writing within 24 hours after the decision of the TD. If no appeal is lodged, then the decision of the TD is final.
- 22.2. Appeals must be handed to the Competitions Manager MHC together with a cash deposit of **RM 700.00**. The deposit will be refunded unless the appeal is deemed futile.



22.3. The Jury of Appeal shall meet not later than 72 hours after the Appeal has been received. Three members of the Jury of Appeal shall form the quorum. The Jury of Appeal's decision shall be final.

23. SHIRT ADVERTISEMENT

23.1. The front of the players' shirts shall bear only the tournament logo and any other form of advertisement other than the brand name of the shirts, in which case should not exceed 12 sq.cm.

23.2. Teams are permitted to use logos of any sponsors on their playing attire besides the logos of the official sponsors providing not obstruct the official logo on their attire during the match and the prize presentation ceremony.

24. ATTIRE FOR OFFICIAL FUNCTIONS / CEREMONIES

24.1. Should there be an official sponsor for attire, teams are required to use the attire of the official sponsor for official ceremonies, including the prize-giving ceremony.

25. MATCH REPORT FORMS

25.1. At the end of a match, a Match Report is produced at the technical table. This is a summary of the match showing the names of all players, team officials and technical officials nominated for the match and the key match statistics, including the result.

25.2. Within ten minutes of the end of the match, the Team Manager of each participating team must sign the Match Report, even if a protest is contemplated.

25.3. The match officials must also sign the Match Report once both Team Managers have done so.

26. MATTERS NOT PROVIDED FOR

26.1. All matters not provided for in these Rules and Regulations shall be dealt with by the Technical Committee/OC or the Executive Board of MHC whose decision shall be final.



APPENDIX 1

SCHEDULE OF VARIATIONS TO THE RULES OF HOCKEY APPLICABLE TO THIS TOURNAMENT

Below is a list of Regulations which supersede the Rules of Hockey.

1. BREAKING AT A PENALTY CORNER

Rule 13.3.h: Until the ball has been played, no attacker other than the one taking the push or hit from the back-line is permitted to enter the circle and no defender is permitted to cross the centre-line or back-line.

Regulation: Until the ball has been played, no attacker other than the one taking the push or hit from the back-line is permitted to enter the circle and no defender is permitted to cross the centre-line or back-line.

- a for any offence of this rule by a defender on the back-line, other than the goalkeeper, the offending player is required to go beyond the centre-line and cannot be replaced by another defender.
- b for any offence of this rule by a defending goalkeeper or player with goalkeeping privileges, the defending team defends the penalty corner with one less player: ie the corner is defended by one less player than before this incident.
- c for an offence of this rule by an attacker who enters the circle before the ball is played, the offending player is required to go beyond the centre line.
- d If the player taking the push or hit from the back-line feints at playing the ball, the offending player is required to go beyond the centre line but is replaced by another attacker; if this feinting leads to what would otherwise be a breach of this rule by a defender, only the attacker is required to go beyond the centre line
- e Subject to the above, the penalty corner is re-taken.
- f If another breach of Rule 13.3.h as described in this regulation occurs during the re-taken penalty corner, further consequences apply as specified above (eg for a second offence of this rule by a defender on the back-line, the team defends the penalty corner with not more than three players).
- g A subsequent penalty corner (as opposed to a re-taken penalty corner) may be defended by not more than five players.

2. GREEN CARD – TWO MINUTE SUSPENSION

Rule 14.1.b: For any offence, the offending player may be warned (indicated by a green card).

Regulation: For any offence, the offending player may be warned (indicated by a green card).

- a the offending player is temporarily suspended for two (2) minutes of playing time.



- b for the duration of each temporary suspension, the offending team plays with one less player.
- c If a field player receives a green card, the Umpires stop the match (but not necessarily the time) to issue the card; if time has been stopped, the Umpires restart it immediately after issuing the card.
- d If a goalkeeper or player with goalkeeping privileges receives a green card, the Umpires stop the time and re-start it immediately after that player has left the field of play.
- e the offending player leaves the field immediately; if they interfere with play on their way to the designated suspension area the Umpire may further penalise the player in accordance with the Rules of Hockey.
- f the two-minute temporary suspension starts when the player is seated in the designated area.
- g Timing of the suspension is controlled by a Technical Official on duty.
- h the offending player is permitted to resume play when the Technical Official on duty indicates that the period of suspension has been completed.
- i If the offending player is a goalkeeper or player with goalkeeping privileges, the Technical Official on duty notifies the Umpires when the period of suspension has been completed; the Umpires stop the time at the next stoppage of play to enable that player to resume play.

3. YELLOW CARD – TEMPORARY SUSPENSION

Rule 14.1.c: For any offence, the offending player may be temporarily suspended for a minimum of 5 minutes of playing time (indicated by a yellow card).

Regulation: For any offence, the offending player may be temporarily suspended for a minimum of 5 minutes of playing time (indicated by a yellow card).

- a the duration of temporary suspension is indicated to the Technical Official on duty by the Umpire who issues the yellow card.
- b for the duration of each temporary suspension, the offending team plays with one less player.
- c If a field player receives a yellow card, the Umpires stop the match (but not necessarily the time) to issue the card; if time has been stopped, the Umpires restart it immediately after issuing the card.
- d If a goalkeeper or player with goalkeeping privileges receives a yellow card, the Umpires stop the time and re-start it immediately after that player has left the field of play.
- e the offending player leaves the field immediately; if they interfere with play on their way to the designated suspension area the Umpire may further penalise the player in accordance with the Rules of Hockey.



- f the temporary suspension commences when the player is seated in the designated area.
- g Timing of the suspension is controlled by a Technical Official on duty.
- h the offending player is permitted to resume play when the Technical Official on duty indicates that the period of suspension has been completed.
- i if the offending player is a goalkeeper, the Technical Official on duty notifies the Umpires when the period of suspension has been completed; the Umpires stop the time at the next stoppage of play to enable that player to resume play.



APPENDIX 2

SHOOT-OUT COMPETITION

In a shoot-out competition, five players from each team take a one-on-one shoot-out alternately against a defender from the other team as set out in this Regulation. The shoot-out competition comprises all series of shoot-outs required to determine a result.

The following sets out both the playing Rules and the procedures to be followed.

- 1 If the shoot-out competition takes place after the end of a match, the first shoot-out should take place within four (4) minutes of the end of regulation playing time. The respective Team Managers provide five players to take and one player to defend the shoot-outs from those on the Match Report except as excluded below. A player nominated to defend the shootouts can also be nominated to take a shoot-out. No substitutions / replacements are permitted during the shoot-out competition other than as specified below
- 2 A player who is still serving a disciplinary suspension by the Technical Delegate at the time the shoot-out competition takes place or has been excluded permanently (red card) during the match which leads to the shoot-out competition, cannot take part in that shoot-out competition. A player who has been warned (green card) or temporarily suspended (yellow card) may take part in the shout-out competition even if the period of their suspension has not been completed at the end of the match.
- 3 The Technical Delegate will specify the method of timing shoot-outs taking account of the facilities available and the need to control time accurately. A coin is tossed. The team which wins the toss has the choice to take or defend the first Shoot-out.
- 4 The Technical Delegate will specify the goal to be used. A coin is tossed; the team which wins the toss has the choice to take or defend the first shoot-out.
- 5 During a shoot-out competition, all persons who appear on the team entry form and who are entitled to sit on the team bench for that match are permitted to enter the field of play but only in the area outside the 23m area used for the shoot-out. The goalkeeper/defending player of the team taking a shoot-out may be on the goal-line outside the circle if so directed by the umpire. A player who is authorised by an umpire or technical official to take or defend a shoot-out may enter the 23m area for that purpose.
- 6 The goalkeeper / defending player of the team taking a shoot-out shall wait on the back-line outside the circle
- 7 A player taking or defending a shoot-out may enter the 23m area for that purpose



- 8 Players taking a shoot-out and also defending the shoot-outs taken by opponents are allowed reasonable time to take off their protective equipment to take their shoot-out and subsequently to put back on their protective equipment.
- 9 Five players from each team take a shoot-out alternately against the goalkeeper/defending player of the other team making a total of 10 shoot-outs.
- 10 The shoot-out is taken under the following conditions:
 - i the defending goalkeeper/defending player starts on or behind the goal-line between the goal posts;
 - ii the ball is placed on the nearest 23m line opposite the centre of the goal;
 - iii an attacker stands outside the 23m line near the ball;
 - iv the umpire blows the whistle to signal the start of the shoot-out; the attacker and the goalkeeper/defending player may then move in any direction;
 - v the shoot-out is completed when:
 - 8 seconds has elapsed since the starting signal;
 - a goal is scored;
 - the attacker commits an offence;
 - the goalkeeper/defending player commits an unintentional offence inside or outside the circle in which case the shoot-out is re-taken by the same player against the same goalkeeper/defending player;
 - the goalkeeper/defending player commits an intentional offence inside or outside the circle in which case a penalty stroke is awarded and taken;
 - the ball goes out of play over the back-line or side-line; this includes the goalkeeper/defending player intentionally playing the ball over the back-line.
 - vi If a penalty stroke is awarded as specified above, it can be taken and defended by any eligible player on the Match Report subject to the provisions of Articles 13, 14 and 15 of this Appendix.
- 11 The team scoring the most goals (or ahead by more goals than the other team has untaken shoot-outs available) is the winner.
- 12 A player may be suspended by a yellow or red card but not by a green card during the shoot-out competition.
- 13 If during a shoot-out competition (including during any penalty stroke which is awarded) a player is suspended by a yellow or red card:



13.1 that player takes no further part in the shoot-out competition and, unless a goalkeeper/defending player, cannot be replaced.

13.2 the replacement for a suspended goalkeeper/defending player can only come from the five players of that team nominated to take part in the shoot-out competition.

i. The replacement goalkeeper/defending player is allowed reasonable time to put on protective equipment similar to that the goalkeeper/defending player they are replacing was wearing.

ii. For taking their own shoot-out (or penalty stroke), this player is allowed reasonable time to take off their protective equipment to take the shoot-out and subsequently to put it on again.

13.3 Any shoot-out or penalty stroke due to be taken by a suspended player is forfeited; any goals scored by this player before being suspended count as a goal.

14 If during a shoot-out competition, a defending goalkeeper / defending player is incapacitated:

14.1 that goalkeeper / defending player may be replaced by another player from among the players listed on the Match Report for that particular match, except as excluded in this Appendix or unless suspended by an Umpire during the shoot-out competition

14.2 the replacement goalkeeper:

i is allowed reasonable time to put on protective equipment similar to that which the incapacitated goalkeeper / defending player was wearing;

ii if this replacement is also nominated to take a shoot-out, this player is allowed reasonable time to take off their protective equipment to take their shoot-out and subsequently to put it on again:

15 If during a shoot-out competition, an attacker is incapacitated, that attacker may be replaced by another player from among the players listed on the Match Report for that particular match, except as excluded above or unless suspended by an Umpire during the shoot-out competition.

16 If an equal number of goals are scored after each team has taken five shoot-outs:

a a second series of five shoot-outs is taken with the same players, subject to the conditions specified in this Appendix;

b the sequence in which the attackers take the shoot-outs need not be the same as in the first series;



- c the team whose player took the first shoot-out in a series defends the first shoot-out of the next series
 - d when one team has scored or been awarded one more goal than the opposing team after each team has taken the same number of shoot-outs, not necessarily being all five shoot-outs, that team is the winner.
- 17 If an equal number of goals are scored after a second series of five shoot-outs,
- 17.1 the sequence in which the attackers take the shoot-outs need not be the same in any subsequent series.
 - 17.2 the team which starts each shoot-out series alternates for each series.
- 18 Unless varied by Appendix, the Rules of Hockey apply during a shoot-out.



NOTES FOR TEAM MANAGERS

1. TOURNAMENT RULES

- 1.1. Kindly ensure that you have a copy of the Tournament Rules & Regulations and that you have gone through them thoroughly. The CC/OC/ Executive Board of **MHC** may amend/change/delete/add the Tournament Rules and Regulations if deemed necessary.

2. REGISTRATION OF PLAYERS

- 2.1 Each team will be allowed to register a maximum of 18 players for the tournament.
- 2.2 Should a team decide to drop a player or a player withdraws from the team during the course of the tournament, there will not be a substitute for the player who has been dropped or who has withdrawn from the team.

3. COMPOSITION OF A TEAM

- 3.1. Team Managers are obliged to deliver a signed sheet indicating the names and numbers of players starting the match to the Technical Officer, 20 minutes prior to the start of the match. They should also indicate the names of the captains and the goalkeepers on the same sheet.
- 3.2. Players must wear the shirt number under which they have been registered. Please ensure that this requirement is strictly adhered to for there will not be any compromise to this Rule.

4. DRESS AND TEAM COLOURS

- 4.1. The teams shall wear the colours that are registered in the team registration form.
- 4.2. The TD, at his/her absolute discretion, shall specify to the Team Managers the clothing to be worn by their field players and goalkeepers for each match.
- 4.2. **Any additional item of clothing worn by a player during a match (e.g. tights) must be of the same colour specified for the corresponding piece of clothing i.e the colour of shorts.**
- 4.3. The goalkeeper's shirt must be of a colour, which is different and distinctive from the shirts of either team. A clear visible number should be on both the front and back of the shirt.
- 4.4. The goalkeeper must wear protective headgear. The goalkeepers' gloves and equipment will be checked by the Judge on duty.



- 4.5. The captains are required to wear a distinctive arm-band/ribbon, which is clear enough to be seen by the Umpires and the Technical Officials' Table.
- 4.6. The wearing of a headgear by players (cap etc) other than the goalkeeper is strictly prohibited. **If the need arises, a player may wear a scarf that is black in colour. or a colour corresponding to the jersey colour.**

5. STICK CHECK

- 5.1. All sticks will be checked prior to the teams' warm-up. The players are required to line up in front of the Technical Officials' Table for this purpose.

6. TEAM BENCH

- 6.1. The Home team shall occupy the player bench located on the left side of the technical table/bench.
- 6.2. A maximum of seven (7) players and three (3) officials will be allowed to be seated at the team bench. If a doctor is registered with the team, he is also allowed to sit at the bench.
- 6.3. The Manager must sit at the end of the bench nearest the Technical Officials' Table.
- 6.4. The Manager shall be responsible for the behaviour of all persons on the team bench.
- 6.5. Interference during the match from anywhere, especially the team bench, is not allowed.
- 6.6. A player, who has been given permanent suspension (Red Card) during a match, shall return to the team bench to collect his equipment only. He must then leave the team bench immediately.

7. INJURIES

- 7.1. In the case of an injury, the team doctor and/or the physiotherapist together with the team manager may enter the Field of Play after permission has been given by one of the umpires. If the team does not have such registered officials, the team concerned may utilise the services of the First-Aid personnel on duty. The Team Manager will be permitted to enter the Field of Play.
- 7.2. The coach (es) will not be permitted to enter the Field of Play under any circumstances.
- 7.3. In case of an injury to a player causing bleeding, then that player must be substituted immediately. The injured player may re-enter the Field of Play only after stoppage of bleeding and the wound dressed.



- 7.4. No treatment of players will be permitted on the pitch. Any player treated for injury shall only return to the pitch after two minutes of treatment time.

8. DISCIPLINARY ACTIONS

- 8.1. **Team Managers are obliged to maintain a record of all disciplinary actions and act in accordance with the Rule(s).**
- 8.2. **The Technical Delegate / Technical Committee has the authority to suspend for one or more matches, players, team officials and other officials who in the opinion of the TD/TC are guilty of misconduct before, during or after a match.**

9. REFRESHMENT

- 9.1. No liquid or other refreshment will be allowed to be consumed on the Field of Play.
- 9.2. Any player wishing to take refreshment during a match, including stoppages, must leave the Field of Play and is permitted to re-enter but not within the 23 meters lines and the goal lines. A goalkeeper shall re-enter the Field of Play only adjacent to the goal.

10. MATCH SHEET

- 10.1. Managers are advised to check the match sheet to ensure that the details therein are correct before signing it.
- 10.2. If there is a protest, managers should sign the match sheet promptly following the end of a match and write the words '**to protest**' under his signature.

11. PRIZE GIVING CEREMONY

- 11.1. Managers are to ensure that very little time is taken for their players to be ready for the prize giving ceremony. Your kind co-operation on this matter will be much appreciated.
- 11.2. Players should be in uniform attire for this ceremony. Sandals and slippers are strictly prohibited.

12. GENERAL

- 12.1. Team Captains will be responsible for the discipline of the players on the Field of Play. Disciplinary action can also be taken on the captain whose player(s) misbehave on the Field of Play.



- 12.2. The Team Manager will be responsible for the conduct of the players and officials on the team bench.
- 12.3. Team Managers are hereby advised to ensure that their players are insured against any injuries or death caused by accidents or otherwise during the duration of the tournament.

13. **THE TEAM TECHNICAL AREA**

13.1 The team technical area extends 1 meter on either side of the designated seats and extends forward up to a distance of 2 meter from the sitting area.

13.2 The number of persons permitted to occupy the team technical area is defined in the tournament regulations.

13.3 Only one person at a time is authorised to convey tactical instructions and he must return to his position after giving instructions.

13.4 The coach and other officials must remain within the confines of the team technical area except in special circumstances for a physiotherapist or doctor entering the field of play, with the umpire's permission to assess an injured player.

13.5 The coach and other occupants of the team technical area must behave in a responsible manner.



INSTRUCTIONS TO TECHNICAL OFFICERS

1. BEFORE THE START OF THE MATCH

- 1.1 Make sure you are familiar with the facilities at the stadium e.g.
 - 1.1.1 Players' Changing Rooms
 - 1.1.2 Umpires' Rest Room
 - 1.1.3 Medical Room/Doping Facilities
- 1.2 Check with the Technical/Stadium Facilities personnel on the availability of the people:
 - 1.2.1 Manning the watering system;
 - 1.2.2 Floodlighting
- 1.3 Make sure the Ball Patrol are present.
- 1.4 Check to see the following Technical Officials' Table Equipment:

Hooters/Horns	1
Stop Watches	3
Warning Cards	2 sets
Whistle	1
Armbands/Ribbons	4 (assorted)
Safety Pins	
Office Stationery	
Match Sheet	
Appointment Sheet	
Rules of Hockey	
Tournament Regulations	
Pointed Wedge (to check the rake or bow)	
- 1.5 Allocate the duties to the Judge(s).
- 1.6 Get from the Team Manager the names of players registered for the match and the Starting XI players.
- 1.7 Adhere to the following schedule:
 - 1.7.1 20 minutes before: make sure that the field of play is sufficiently waters;
 - 1.7.2 approximately 8 minutes before: check all sticks and the players' s shirt numbers;
- 1.8 Report immediately any irregularities to the Technical Committee.
Technical Officials are personally responsible for checking their appointments for each day. The attire of the Technical Officials for the matches in which they officiate will be dark long pants and MHC officials' T shirts.



2. DURING THE MATCH

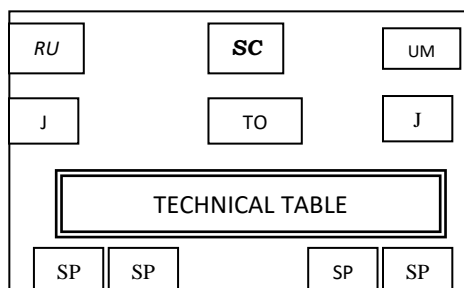
- 2.1 Be alert at all times.
- 2.2 Always acknowledge the signals from the umpires, especially:
 - 2.2.1 during stoppages, restarts
 - 2.2.2 issuing of cards (green, yellow and red)
- 2.3 Keep an eye on the team benches for any breach of discipline.
- 2.4 Regularly check with your Judge(s) on the time and that all entries in the Match Sheet are made correctly.

3. AT THE END OF THE MATCH

- 3.1 Restart one of the stopwatches for 10 minutes to make sure that any protest is received within this time.
- 3.2 Get the Team Managers, the Umpires and the Judge(s) to sign the Match Sheet. You may then sign the Match Sheet.
- 3.3 Check to see that the Technical Officials' Table equipment is returned in order.
- 3.4 Hand over the Match Sheet and all other relevant forms to the Technical Committee.

4. GENERAL

- 4.1 Make sure you are at the venue well ahead of time - at least one hour before the commencement of the match will be reasonable.
- 4.2 Adhere to the following seating plan:





4.3 Allocation of Specific Duties:

4.3.1 **Technical Officer**

1. Official Time
2. Match Sheet
3. Discipline at Team Benches
4. Protests

4.3.2 **First Judge**

1. Record Sheet
2. Time

4.3.3 **Reserve Umpire**

1. Substitution of players.

4.3.4 **Seat Reserved for Umpires' Manager**

4.3.5 **Stadium Coordinator**

1. Responsible for technical table equipment (including technical bag)
2. Match Sheet and other necessary tournament forms are available.
3. Stadium attendants are available to water the pitch when required.
4. Stadium Lightings.
5. Safety of the Technical bag and the contents.
6. Send results and other required documents to MHC office at the stipulated time/period.
7. Liaise with the home team for ball-boys, medical and police / safety requirement at the stadium.



INSTRUCTIONS TO JUDGES

Appointed Judges should report at the venue at least 30 minutes before the match and should report to the Technical Delegate/Technical Officer on duty at least 30 minutes before the start of the match.

Judges are personally responsible for checking their appointments for each day. The attire of the Judges for the matches in which they officiate will be dark long pants and MHC officials' T shirts

Judges should assist the Technical Officer on duty by understanding the following responsibilities:

A. Prior to the start of the match:

1. Check all equipment at the technical table to ensure that it is present and in good working order before and after each match. Any malfunctions or missing items should be reported to the Technical Officer on duty immediately.
2. Check all sticks prior to the start of the match. If possible all sticks (playing and reserve) should be checked at the same time prior to the start of the team's warm-up.
3. **Check the Goalkeeper's gloves and equipment and ensure that the colour of the Goalkeeper's shirt is different from that of his own team, opponents and umpires; also ensure that the Goalkeeper's number is visible on both the front and the back of the shirt.**
4. Ensure that any additional piece of clothing (e.g. cycling shorts) worn by a player during a match is of the same colour specified for the corresponding piece of clothing ; also ensure that captains are wearing a distinctive arm-band or ribbon which is visible to the umpires and the technical table.
5. If possible, during the line-up prior to the start of the match, verify the shirt numbers of both teams with the match form. Complete this during the opening minutes of the match if necessary. Any discrepancy should be reported to the Technical Officer on duty immediately.

B. During the match

6. Keep the time and watch the umpires' signals carefully with regard to time-outs and confirm them clearly.
7. Register the goals on the match sheet together with the scorer, the minute of play, and the type of goal.
When there is recording to be done, ensure that at least one person at the table is watching the match while others write.



Goals should be recorded under the following categories:

FG = field goal; PC = penalty corner;

PS = penalty stroke.

8. Register warning cards on the match sheet against the correct number of the player recording the minute of play.
9. Check the team benches for authorized persons and report any misconduct to the Technical Officer on duty.
10. Ensure that all sticks, and goalkeepers' gloves and headgear are left at the team bench at half time.
11. In the case of injury, and in conjunction with the umpire, ensure that a maximum of only two / three persons enter the pitch in accordance with the Technical Regulations.
12. Monitor the taking of refreshments during the match by players according to the method outlined in the Technical Regulations.

C. After the Match

13. Immediately when the match is stopped for half time start the watch to time the 10 minutes for the restart.
14. Immediately following the stoppage of time for the end of the match, start a watch to time the 10-minute protest period. As soon as both Managers have signed the match sheets and no protest has been lodged, the watch may be stopped.
15. In the event that a protest is lodged, remain available to give testimony to the Technical Delegate.
16. Sign the match sheet at the end of the match after it has been signed by both Managers and Umpires.
17. Ensure that table equipment is collected, including captains' arm- bands and hand over to the tournament secretariat.
18. Do not make any statement about the match or about the umpire with any other person other than the Technical Delegate



INSTRUCTIONS TO UMPIRES

1. Umpires are personally responsible for checking their appointments, even if they have not received the relevant appointment sheet.

If an appointed umpire is ill or injured, he must inform the Tournament Secretariat and Umpires' Manager without delay.
2. Umpire should be at the venue at least one hour before the match and should report to the Technical Delegate/Technical Officer in charge of the game at least 30 minutes before the commencement of the match.
3. Prior to the match, umpires should check the goals and report any irregularities to the rules or regulations they may observe immediately to the Technical Officer in charge of the game. They should also ensure that each captain wears an armband and that there are no similarities between the colours of the goalkeeper, the teams and the ball boys. They must report any clashes immediately to the Technical Officer in charge of the game.
4. Umpires must ensure that in the case of stoppages of time their time-out signal is confirmed by the technical officials' table and they should not start or restart the game before a clear signal has been given to technical officials' table and has been acknowledged by the Technical Officer on duty. The umpire on the tableside shall be responsible for the restart of the match.
5. Umpires must not allow more than two / three authorized persons to enter the field in case of injuries. Do not allow anyone to interfere in any way with the game whilst it is in progress or even during stoppages without your permission.
6. After the game the umpire should first check the result of the game and confirm the result with the Technical Officer in charge of the match. Do not sign the match sheet before both managers sign it.
7. Umpires must not leave the ground after the game without prior agreement of the Technical Officer on duty. If a protest is lodged then umpires must remain available to give their testimony to the Technical Officer / Technical Delegate.



MALAYSIAN HOCKEY CONFEDERATION CODE OF CONDUCT

The Code of Conduct is applicable for participants at any approved MHC tournament or any tournament approved by a State Hockey Association.

Participants shall be considered:

1. **All State Hockey Associations, team members and officials including players, team management, coach and coaching staff, medical staff and the duly appointed representatives of the State Hockey Associations of the participating teams.**
2. All MHC tournament officials including the MHC Representatives, Technical Delegate, Technical Officials, Umpires' Manager, Medical Officer, Media Officer, Judges and Umpires, and any other ad hoc officials appointed by the MHC or the organising committee.
3. The host State Hockey Association representatives and the members of the organising committee.
 - i. **The code is established to create awareness of and accountability for the promotion of the game of hockey amongst the participants of the above-mentioned events.**
 - ii. All participants are responsible for their own behaviour and conduct, and as such, accountable. **They must abide by the MHC Constitution, Rules of Hockey, Tournament and Regulations, Covid 19 latest SOP by KKM, MSN, MHC, PSM and Directives of the Code of Conduct as set out thereafter.**
 - iii. It is therefore the responsibility of the State Hockey Associations of the participating teams to instruct their players and team officials of the requirement. The State Hockey Associations shall share liability with their players and team officials should breaches occur of the terms of the MHC Constitution, all Rules and Regulations, and Rules and Directives of the Code of Conduct as mentioned in II above.
 - iv. The Technical Delegate/*Technical Committee* as mentioned in ii above, shall in the first deal with etc. complaints in relation to either misconduct or breaches of the terms of the Constitution and Rules and Regulations, during the competition, or after the competition, by the MHC Competitions Manager, who in turn may refer and involve the MHC Disciplinary Committee.
 - v. All participants are therefore subject to the jurisdiction of the MHC. MHC is committed in maintaining the highest standards of behaviour and conduct of those subjects to this jurisdiction. In pursuance of these standards, all participants shall observe also the following Rules and Directives:



4. Participants shall at all times conduct themselves fairly and properly on the field of play and any part of the hockey venue/accommodation. No person may conduct himself in a manner or commit any act or omission which may prejudice the interest of hockey or which may bring the game of hockey into disrepute.
5. Without prejudice to the generality of the foregoing, the following shall be regarded as conduct which is improper, unfair, and unacceptable:
 - i. Verbal/physical abuse or hostility towards any other participant, person or other member of the public.
 - ii. Disputing/protesting, reacting in a provocative or disapproving manner toward any decision made by an umpire or official in an inappropriate way.
 - iii. Using rude or abusive language or hand signals.
6. Public Statements
 - i. Public statements must be fair and reasonable and must not involve a personal attack on another player, umpire, appointed official or administrator.
 - ii. The MHC recognises that fair and reasonable comments on the game in general are essentially in the interests of everyone. However, it further recognises that in the interest of maintaining the generally excellent relations that currently exist between players, umpires and officials, it is necessary to ensure that any such comment and criticism be constructive. Any public statement therefore by a participant shall not comprise "a personal attack", upon any similar participant like himself also subject to the jurisdiction of the MHC.
 - iii. The MHC defines a "public statement" as follows:

Any statement in which the whole, part or essence, is made public. Such a statement may be made in a newspaper, magazine, periodical or by any electronic (Internet, E-mail, etc.) or other means through the medium of television, radio or any other manner whatsoever, regardless of the circumstances in which the statement was made.



**MALAYSIAN HOCKEY CONFEDERATION
CODE OF CONDUCT
ACKNOWLEDGEMENT**

We confirm that each one of our team officials and players participating in the below-mentioned tournament has agreed to observe the MHC Constitution, the Rules of the Game, the Tournament Regulations, the Code of Conduct and the directives brought to their notice.

Tournament:

MHC NATIONAL UNDER 16 HOCKEY TOURNAMENT, 2022

For and on behalf of the team

Signature of Team Manager :

Name :

I.C. No :

Team :

Date :

For and on behalf of the State Hockey Association

Signature :

Name :

Position : President / Hon. Secretary

State Hockey Association :

Date :