



**MALAYSIAN 5s HOCKEY LEAGUE 2026**  
**( TEAM STANDING )**

**MEN GROUP A**

RANK	TEAM	MATCHES				GOALS			POINTS
		PLAYED	WON	DRAWN	LOST	FOR	AGAINST	DIFF.	
1	KUALA LUMPUR	4	3	1	0	37	16	21	10
2	PULAU PINANG	4	3	0	1	37	18	19	9
3	PERLIS	4	2	1	1	25	26	-1	7
4	SABAH	4	1	0	3	28	27	1	3
5	SARAWAK	4	0	0	4	7	47	-40	0

**MEN GROUP B**

RANK	TEAM	MATCHES				GOALS			POINTS
		PLAYED	WON	DRAWN	LOST	FOR	AGAINST	DIFF.	
1	PAHANG	4	2	2	0	17	10	7	8
2	PERAK	4	2	2	0	22	17	5	8
3	KELANTAN	4	1	3	0	23	20	3	6
4	TERENGGANU	4	1	1	2	19	24	-5	4
5	NEGERI SEMBILAN	4	0	0	4	16	26	-10	0

**WOMEN GROUP**

RANK	TEAM	MATCHES				GOALS			POINTS
		PLAYED	WON	DRAWN	LOST	FOR	AGAINST	DIFF.	
1	NEGERI SEMBILAN	5	4	0	1	42	14	28	12
2	PAHANG	5	4	0	1	40	15	25	12
3	PERAK	5	4	0	1	43	22	21	12
4	PULAU PINANG	5	2	0	3	32	35	-3	6
5	KUALA LUMPUR	5	1	0	4	23	36	-13	3
6	SARAWAK	5	0	0	5	4	62	-58	0